American Baptist Women's MINISTRIES

PNW Women

Spring 2023

Gail's Gleanings-A Message from your President

"But they that wait upon the Lord shall renew their strength; they shall mount up with wings as eagles; they shall run and not be weary; and they shall walk and not faint." Isaiah 40:31

"Teach me Lord to wait"

It has been a very interesting time of "waiting" for me. Let me go back to Thanksgiving when I came down with a terrible cold that prevented me from attending our ABWM/PNW Crafting Weekend at Camp Bethel. The event was a great success and women who attended enjoyed a time of fellowship, creativity, and relaxation. In. December I took a fall that resulted in a fractured lower orbital bone and a fractured cheekbone along with misaligned teeth and a cut over my left eye. (I looked so beautiful!). I am still healing from that and visiting the dentist quite often. After dealing with various treatments over the past year for some severe trigger fingers (three of them), I had surgery in February. The trigger fingers prevented me from Signing and from crocheting, two of my favorite past times. I had been teaching an on-line English class to students in Burma and along with the English writing I was teaching them some American Sign Language. Needless to say, that proved very difficult, thus the need for the surgery. I am going to OT twice a week and gaining strength and mobility back slowly, but it is coming along. And last (I hope) but not least, Paul and I both came down with COVID the second week of March. Paul faired much better and I am still fighting fatigue. Prayers are appreciated.

Now lest you think this message is only to complain about various ailments that have plagued me these past few months, let me assure you-IT IS NOT! Rather I want to **Praise the Lord** for creating the wonderful human body that continues to heal itself. Yes, it's been a long four months of ups and downs, but I have felt God's presence every single day. I have had to slow down, but I have been able to spend more time in prayer. Christmas was quiet (I was recuperating from the fall), but I got to enjoy and celebrate the birth of our first great grandson along with the quiet celebration of the birth of Jesus. The hand surgery was on my right hand, but God created me quite ambidextrous so eating, brushing my teeth, combing my hair and various other tasks were no problem whatsoever. God is good! As for the two plus weeks with COVID, what a marvelous time to sleep and pray and sleep and pray and sleep and pray! Not much else got done but it certainly wasn't wasted.

Through the past few months, God has taught me to "wait upon Him". Healing took place, quiet reflection was a gift, having lots of time to spend in prayer was a blessing, knowing that God was with me every day gave me peace. **Waiting on the Lord renewed my strength.** I pray that as I continue as your President for a little while longer that I will be able to "run and not be weary, walk and not faint." My prayer is for all of you to be able to do the same as you serve the Lord.

Blessings,

Gail

Devotion from Jackie Williams, Coordinator of Personal Development

Pears, Pears, Everywhere

***Yes, I am the vine; you are the branches. Those who remain in me, and I in them, will produce much fruit. For apart from me you can do nothing.* — John 15:5**

My grandmother had a pear tree in her backyard in Seattle, Washington that provided two things: shade and countless jars of pear preserves. One day, I asked my grandmother why she made so many jars every year. Her response was, "If I don't, they will start falling off the tree and go bad." With that, I went outside to take a look for myself. There were pears everywhere--so many, in fact, that the tree branches were beginning to sag and snap under the immense weight of their fruit. It looked to me like my grandmother's faithful picking was encouraging the tree to produce even more!

Jesus told his disciples that God acts as a gardener in the lives of those who claim him as Lord. In John 15:8 it says that Jesus wants his followers to be abundant producers of good fruit, showing the world that they are children of God, but this is not enough. Instead of simply harvesting the fruit that is produced, the Lord grabs a pair of pruning shears and begins to trim the branches. A little here, a little there, until he is satisfied with the end result.

This process of subtraction is a good thing. For it is in these times that God rids us of attitudes and actions that limit our effectiveness for the kingdom. In their place, he grants new opportunities to exhibit love, patience, kindness, and self-control. As these values are acted upon, what started out as subtraction becomes addition, and more fruit is produced than before the pruning. If the branches are not pruned they may become weakened or stressed, and they will eventually snap. Once that occurs, the branches will wither and die because they are not attached to the tree, leaving wasted fruit behind, but the result of a life lived wholeheartedly for Christ will bring an abundance of fruit--fruit that will last.

Let us pray,

> **God of all love, you are the Lord of all creation. As we gather here today let us be reminded that we are women who have been wonderfully made by you. Let each of us grow, prune and bear the fruits you have given us, always doing your will, not our will. You speak tender words of mercy to us. We ask for your blessing on each of us here today. Heal any pain that lingers in our hearts and encourage us with your blessing and wisdom, your power and strength. Be with us Lord today and forever. In your name we pray, Amen.**

Highlights from Board Meeting in February

President: Gail shared the National Goals – as the Region President, she is expected to share them with the board and encourage that they are accepted. One of the National Goals is for region board member and the Region to become Vital Partners. There was discussion and many questions regarding the goals, and plans to share and discuss further with the women at the conference.

Treasurer: It was suggested to move all funds, donated by the women's groups that have closed, to the General Fund, and better clarified the purpose of the money in the financial report for easy understanding.

ABWM/PACIFIC NORTHWEST					
TREASURER'S REPORT AS Of 03/30/2023					
	BEG. BALANCE	INCOME	EXPENSE	ENDING BALANCE	
DESIGNATED FUNDS					
CONFERNECE	$3,846.46		$1,464.30	$2,382.16	
CONFERENCE SCHOLARSHIP	$2,976.31			$2,976.31	
PNW AB GIRLS	$580.57			$580.57	
PNW YOUNG WOMEN	$410.18			$410.18	
TOTAL DESIGNATED FUNDS					$6,349.22
GENERAL FUNDS					
SPECIAL EVENT	$0			$0	
QUILTING RETREAT	$0			$0	
PER CAPITA	$0	$28		$28	
INTEREST	$0	$1.36		$1	
GENERAL	$7,069.30			$7,069	
TOTAL GENERAL FUNDS					$7,098.66
BUDGET					
COORDINATOR OF EVENTS	$500	$ 322.00	$354.37	$467.63	
COORDINATOR OF RESOURCES & NEWS	$360.23			$360.23	
PRESIDENTS FUND	$1,467.72			$1,467.72	
VITAL PARTNERS	$300			$300.00	
TOTAL BUDGETED ITEMS					$2,595.58
TOTAL FUNDS					$16,043.46
ABEC NOTE	$30,711.56			$30,711.56	

Coordinator of Literature: Lorna is going to encourage the women to bring a few books they are willing to give away. Free books were a big hit at conference last year. This year the women will need to take back any books tha are left over since Lorna will not have the space to transport or to store until next year. She continues to think of ways to encourage women to read and what to recommend.

Committee Report

Scholarship: **Gail** mentioned **Betsy Jane Mosley** and **Carolyn Mullinex** are doing a fantastic job. **Betsy Jane** indicated she needed someone with computer skills to help her, and **Carolyn** jumped right in; both are working on getting information and application forms out to colleges.

Nominating: **Gail** reminded us that at the October 2022 Board Meeting, the Board decided they would serve as the Nominating Committee this year. Gail mentioned according to our Standing Rules, *no one on the 'Nominating Committee should nominate themselves to serve on the Board*. The open positions are **President** and **Coordinator of Resources**.

Conference: **Lorna** mentioned the Conference/retreat will be June 2-4 at Camp Bethel. At the last PNW-ABW Board meeting, we decided to ask the women bring items to sell (to replace Per Capita) and bring books for women to take for free (but will need to take back home if no one takes them.)

Finances: Gail asked Linda to look for parameters for the use of the funds in the Scholarship CD. **Lorna** reminded us that she had researched this issue years ago and did not find anything in past minutes where anything was written regarding how to use the funds in the *Scholarship Endowment Fund (set up by Betty Bates & Chellie Rowland);* the only thing ever mentioned was establishing the scholarship fund that would be used for "graduate students" studying for full-time Christian work.

Highlights from Coordinator of Events—Judy Gage

The LOVING SPRING TEA on February 18 at Panther Lake Community Church was a time of fellowship as well as an opportunity to hear a King County Master Gardener shared about the topic of "Perennials for Year-Round Color". The plant share was fun and most of us went home with some new plants.
Thank you to all who helped make this event possible!

Upcoming Activity for Fall

The dates of October 20 to 22, 2023, have been reserved at Camp Bethel for our 3rd Annual Quilting/Crafting weekend. Save this very fun weekend to spend with American Baptist Women and have time to share and work on favorite projects uninterrupted. It'll be a great time to complete Christmas projects. Only $110 paid in advance for the entire weekend. Plan to carpool with friends.

The registration form deadline is October 15. That means payment plus the completed registration form must be sent to Linda Po, treasurer, in advance of arriving at Camp Bethel. Please see the attached registration form.

Above is picture of those who attended 2022's Quilting and Crafting Weekend, November 25-27, at Camp Bethel.

WOMEN'S RETREAT 2023 INFORMATION

God is so good!! We are so happy to announce that the American Women's Retreat will be on June 2-4, 2023 at Camp Bethel – 347 Kirkpatrick RD, Hoquiam, WA 98550. Phone number 360-289-3444. We are looking forward to seeing you and getting back to fun and fellowship!

The retreat will start Friday at 5:30 pm with dinner. Arrival time is anytime after noon. You will have access to your room upon arrival. There will be several opportunities available until retreat begins including but not limited to: Crafts – Explore the Camp - Drive to the Beach - Fellowship With One Another.

We have been working hard to provide a wonderful retreat for you. Listed below are some things you need to know and what you may want to bring with you.

The theme is "Let the Walls Fall Down".

Our Mission Project will be Camp Bethel. We have received a list of items that Camp Bethel needs. There may be more to follow. You may bring these to the camp when you come. Needed items are:

*Sports Equipment – baseball, volleyball, dodgeball, etc. – for summer camps
*Small Nightstands and artwork for the rooms in the lodge

We will take up an offering on Saturday night.

All table favors will be welcomed. We will have five meals together, Friday dinner, Saturday breakfast, lunch and dinner and Sunday breakfast.

We will have a snack area – please bring a snack/ and or drinks to share – the refrigerator will be a community one so please bring a cooler for your personal items.

We will be celebrating anything you would like to bring to show us what you or your women's group has done since last conference.

Please bring a book two to give away at conference. If no one take the book(s), we asking that you take them back home.

We are asking the each women's group bring an item or items to sell. The proceeds will go towards the Pacific Northwest in lieu of per capita. Please bring your items price marked and please take back anything that does not sell.

We will have free time on Saturday afternoon. There will be time for kite flying on the beach if you would like to bring a kite or two.

Registration deadline is May 19th. Registration information and form are included in this newsletter.

In Christ's Love
Your Conference/Retreat Committee
Lorna Flannery, Chair
Phone - 253-307-2245 email – flanbaker@gmail.com

SCHOLARSHIPS AVAILABLE

Each year American Baptist Women's Ministries of the Pacific Northwest offers $500 annual scholarships to qualified students who are preparing for full time Christian service. Three scholarships are offered each year. This year's scholarship award will apply to the academic year 2023-2024.

Applicant guidelines are included to help you choose qualified students who need this added financial help on their way to serving the Lord in meaningful ministry. Application forms can be found on our webpage:
https://www.abwm-pnw.org/scholarship

The application form and references must be postmarked no later than April 30th, 2023. The final decisions will be made by our Scholarship Committee by June 1st, 2023, and all applicants will be mailed notification by June 10th, 2023.

Betsy Jane Mosley, Chair
Scholarship Committee ABWM/PNW
4009 W 4th St, Anacortes, WA 98221
Tel: 360-293-9328
Email: BJMosley@outlook.com

GUIDELINES FOR SCHOLARSHIP APPLICANTS

(FOR THE 2023-2024 ACADEMIC YEAR)

1. Applicant must be an active member of an American Baptist Church.
2. Applicant must be at the college senior level or graduate level of study, preparing for full time Christian service with American Baptist Churches USA.
3. The applicant must provide the following:

   a) complete application form (incomplete forms, or forms postmarked later than April 30th will be automatically disqualified)

   b) three references from: a woman in their local church, their pastor and from a friend.
4. Priority will be given to (but others will certainly be considered)

   a) Pacific Northwest women

   b) students attending an accredited school related to, or supportive of,

   American Baptist Churches USA
5. Application must be postmarked by April 30th, 2023, and scholarship will be given at the fall term.
6. Final selections of the Scholarship Committee will be made by June 1st, 2023, and all applicants will be mailed notification of the award by June 10th, 2023
7. ABWM/PNW Scholarship to be given is $500, to be used for tuition/fees/housing assistance/books for the recipient.
8. It is expected that any recipient of one of our scholarships will keep in touch with the Chair of the Scholarship Committee at least twice during the school year to share concerns and progress.
9. Applicants may re-apply for a scholarship in subsequent years.

American Baptist Women of the Pacific Northwest
Tina Po
32744 35th Ave SW
Federal Way, WA 98023

We would like to hear from you.

Please submit articles and news for our Newsletters and Website to:

Tina.po2001@gmail.com

Also, please let me know if you would like to receive the newsletter electronically.

We are on the web!
www.abwm-pnw.org

HEADS UP

Please check

our webpage at
www.abwm-pnw.org

for further information. We will also be making contact by e-mails.

SAVE THE DATES:

We are giving three scholarships for academic year 2023-2024. Application deadline is April 30th, 2023. Please share this information with anyone who might be interested. For more detail, check our website: https://www.abwm-pnw.org/scholarship
Or contact me at tina.po2001@gmail.com

We are planning to have a **WOMEN'S RETREAT** on June 2-4, 2023 and **QUILTING/CRAFTING WEEKEND** on **October 20-22, 2023** at Camp Bethel. Please review the information and registration forms included in this newsletter and share the News with your women's group and community.

American Baptist
Women's
MINISTRIES of the Pacific Northwest

APPLICATION FOR CONTINUING EDUCATION GRANT

APPLICATION MUST BE **POSTMARKED BY**
APRIL 30th, 2023 FOR THE 2023-2024 ACADEMIC YEAR

NAME _____ BIRTHDATE_____
FIRST MIDDLE LAST

PHONE_____

HOME ADDRESS STREET_____

CITY_____ STATE_____ZIP_____

CURRENT SCHOOL _____

STREET _____

CITY_____STATE_____ZIP_____

CHURCH AFFILIATION NAME_____

CHURCH ADDRESS STREET_____

CITY_____STATE_____ZIP_____

PASTOR'S NAME _____ PASTOR'S PHONE#_____

NEAREST RELATIVE_____RELATIONSHIP_____

ADDRESS STREET_____

CITY_____STATE_____ZIP_____

EDUCATIONAL BACKGROUND
HIGH SCHOOL _____
NAME CITY & STATE YEAR OF GRADUATION

COLLEGE NAME_____MAJOR_____

_____
STREET ADDRESS CITY STATE ZIP YEAR OF GRADUATION

(OVER)

SEMINARY NAME _____ MAJOR_____

_____

STREET ADDRESS CITY STATE ZIP

DEGREE PROGRAM _____ ANTICIPATED GRADUATION DATE _____

PLEASE ANSWER THE FOLLOWING QUESTIONS: (Use additional space if needed)

1. What are your vocational plans?

2. Have you applied to your school for financial assistance?

3. What other financial aid have you applied for?

4. What other financial aid are you now receiving?

5. Have you special needs, such as a family to support?

Should you receive an educational grant from the ABW Ministries/PNW, we would like you to contact either our President or Chairperson of the Scholarship Committee periodically to let us know how your studies are going.

APPLICANT SIGNATURE: _____ DATE_____

RETURN THIS APPLICATION AND REFERENCES POSTMARKED NO LATER THAN APRIL 30th, 2023, TO:

Betsy Jane Mosley
Scholarship Committee ABWM/PNW
4009 W 4th St, Anacortes, WA 98221

ABWM OF PACIFIC NORTHWEST WOMEN'S CONFERENCE JUNE 2-4, 2023

CAMP BETHEL – 347 Kirkpatrick Rd., Hoquiam, WA 98550

THEME: "LET THE WALLS FALL DOWN"

referring to the walls that are stopping or slowing us down from serving God as we have been called to do. We will be working together to explore, discover and bring our walls down.

Our Mission Project this year will be to support Camp Bethel.

As always, there will be bible study, fellowship time, craft and games, special concert from "The Cuzins" and much more.

For more information visits our website:
www.abwm-pnw.org
Or contact your local ABWM representatives

REGISTRATION INFORMATION

The registration form is included in this mailing and the registration deadline is May 19th.

The cost for retreat is per person. The cost is $120..00 per person no matter the number of women per room/cabin. Please make checks out to ABW/PNW. There are $50.00 scholarships available.
Please contact Linda for more information: phone - 206-437-3552 email - nawlinda@gmail.com

At this time, due to the beds available, no single rooms are an option. Depending on the number of women attending, single rooms MAY become available.

You are responsible for choosing your roommate(s).

Handicapped rooms will be on first registered, first given basis.

Your room choices are:

Retreat Center – a short walk or drive across the street from the camp lodge
12 rooms with two beds – includes bedding, bathroom with sink and toilet, showers down the hallway, one handicapped room

Lodge
Four rooms with three beds – includes bedding and bathroom with shower
(three women if possible – two women okay)

Two room with four beds – includes bedding and bathroom with shower
(four women if possible – three women okay)

There are two handicapped rooms with the three beds

Two rooms with 10 beds – bunk beds DOES NOT include bedding – has bathroom with shower

Cabins – DOES NOT include bedding or bathrooms - centrally located around the lodge

Meals are chosen by the camp. There will be vegetarian options.

REGISTRATION FORM
DUE BY MAY 19TH

NAME _____

ADDRESS _____

PHONE# _____ *EMAIL* _____
Please Print

*CHURCH YOU ATTEND*_____

FIRST TIME ____ *YES* _____ *NO*

ROOMMATE CHOICE(S) _____

_____ _____

EMERGENCY CONTACT PERSON _____

CONTACT NUMBER _____

PLEASE MARK YOUR ROOM CHOICE AND HAVE YOUR ROOMMATE(S) NOTED ABOVE

_____ *RETREAT CENTER – TWO BEDS*

_____ *LODGE – THREE BEDS*

_____ *LODGE – FOUR BEDS*

_____ *LODGE – 10 BEDS*

_____ *CABIN*

PLEASE RETURN THIS FORM AND PAYMENT OF $120.00 PER PERSON TO
LINDA PO
32744 35th Ave SW, Federal Way, WA 98023
PHONE :206-437-3552 EMAIL: nawlinda@gmail.com

PLEASE MAKE CHECKS OUT TO ABW/PNW

CAMP BETHEL ABWM/PNW QUILTING AND CRAFTING WEEKEND

347 Kirkpatrick Road, Hoquiam, WA 98550

October 20-22, 2023

First Name: _____ Last Name: _____

Address: _____

Phone: _____ E-mail Address_____

Home Church: _____

Meals Provided: 2 brunches and 2 dinners

Cost for weekend: **$110.00**

Room Special Needs: _____

Special Dietary Needs: _____

Write check or money order to: ***ABWM/PNW***
Mail to: **Linda Po, 32744 -35th Ave SW, Federal Way, WA 98023 Phone: 206-437-3552**

ADDITIONAL INFORMATION:

Registration Deadline: **October 15, 2023**
Arrival Time: **Noon on Friday** Departure Time: **3:00 pm on Sunday**

THERE ARE NO COVID RESTRICTIONS BUT THE CAMP RECOMMENDS HAVING A NEGATIVE TEST IF YOU HAVE BEEN SICK OR ARE EXHIBITING SYMPTOMS.

Bedding and towels will be furnished if staying in the Lodge. Eight rooms in the ***Lodge*** all have bathrooms (**Four** rooms with three beds; **two** rooms with four beds; **two** bunkrooms with up to ten beds -five bunkbeds). *Depending on the number who register, room assignments may be one person for each, or up to the maximum beds allowed in each room. Cabins are available, but you must furnish your own bedding and towels.*

BRING: Your lunch for Friday and a food item to put on the SNACK table.

Optional:

1. Useful items you no longer need - to place on the PUT and TAKE table.
2. Show and Tell items.
3. Sewing machine and supplies if you plan to sew.
4. Projects and other equipment you may need.
5. Outdoor shoes, indoor shoes, rain jacket, umbrella, warm clothing.

AVAILABLE: free and easy quilt kits, machine maintenance

ABWM/PNW Coordinator of Events: Judy Gage judy.designs@hotmail.com 206-459-1054